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THOM MAYER, M.D.

Thom Mayer, M.D. is a prominent figure in the fields of emergency medicine, executive leadership, patient/customer experience, and sports medicine. He has built a distinguished career focused on athlete and patient health, safety, and emergency response, making significant contributions to both clinical practice and medical education, as well as being a highly successful entrepreneur.

Dr. Mayer has served as a medical director for various professional sports teams and events, including the NFL Players Association, where he has played a crucial role in developing and implementing protocols for player safety and injury management. His expertise has been instrumental in advancing the understanding of concussion management and emergency care in sports. He has worked closely with athletes, coaches, and medical teams to ensure that best practices are followed, enhancing the overall safety of participants in high-risk sports, as well as being the only physician who has participated in negotiating health and safety standards in a collective bargaining agreement (CBA).

In addition to his clinical work, Dr. Mayer is an educator and has authored numerous articles and publications on topics related to emergency medicine, leading in times of crisis, burnout, resiliency, patient experience, and sports health. His commitment to improving medical practices in athletics has led him to engage in training programs for emergency responders and medical personnel, ensuring they are well-prepared to handle medical emergencies in sports settings.

Dr. Mayer's influence extends beyond the field; he is also involved in advocacy for better medical standards and policies in sports organizations. His work emphasizes the importance of athlete welfare and the need for comprehensive medical oversight in sporting events.

Throughout his career, Dr. Mayer has been recognized as a national leader in patient safety, emergency department management, and healthcare leadership. His contributions during national crises have been particularly notable. For example, he played a significant role in organizing emergency response teams during the 9/11 terrorist attacks, Hurricane Katrina, the 2020 COVID-19 pandemic, and leading a Mobile Emergency Response Team in Ukraine.

He is a prolific speaker and author, having written or contributed to more than 100 publications, including textbooks on emergency medicine, leadership, and patient safety. His thought leadership in healthcare has made him a sought-after speaker on topics ranging from medical leadership to operational excellence in emergency services.

In addition to his work with the NFLPA and BestPractices, Dr. Mayer holds academic appointments, lectures at various institutions, and has earned numerous awards for his service and contributions to healthcare.

Dr. Mayer is celebrated for his commitment to improving both emergency medical care and athlete safety, blending clinical expertise with innovative leadership in healthcare settings.