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ADAM MARKEL

Adam Markel is a sought-after leadership speaker, resilience and change expert and workforce futurist who helps organizations achieve high-impact performance by harnessing the power of resilience for sustainable success amidst constant change. With over 18 years as a trial attorney and 20+ years as a CEO and professional trainer, Adam brings unique insights on resilience, culture, and change. His experience as an ocean first responder taught him the importance of sustainable performance and teamwork in high-pressure environments.

In his bestselling book, *Change Proof*, Adam shows how businesses can not only manage change but use uncertainty to drive growth. Recognized as one of Huffington Post's top speakers and #1 WSJ bestselling author, Adam has inspired and empowered tens of thousands worldwide. He is the Co-Founder and Chief Researcher of WORKWELL, a TEDx speaker, and host of *The Change Proof Podcast*.

Adam is inspired daily by his wife of 35 years and their four children.