



PETER BREGMAN



Peter helps successful people become exceptional leaders and stellar human beings. He blends his deep expertise in business, leadership and people, to deliver quantifiable results such as *Turnarounds* (Ex: turning a \$30M loss into a \$140M gain), *Revenue/Stock Growth* (Ex: growing revenue from \$400M to over \$1 billion), *Executive Team Development* (Ex: shifting from silos to a unified leadership team resulting in stock price growth from \$19.38 to \$107.50), and *Personal Development* (promotion to C-level, 10X stock price growth, and sleeping well through the night).

Peter is recognized as the #1 executive coach in the world by Leading Global Coaches. He coaches C-Level executives in many of the world's premier organizations, including Allianz, Twilio, Electronic Arts, CBS, Mars, Pearson, Citi, Charity Navigator, United Media, FEI, and many others.

Peter is ranked as a Top 30 thought leader by Thinkers 50 Radar and selected as one of the Top 8 thought leaders in leadership. He is ranked by Global Guru's as one of the top 30 best Coaches in the world and one of the top 30 best leadership speakers/trainers in the world. He is the award-winning, best selling author and contributor of 18 books, including most recently, [You CAN Change Other People: The Four Steps to Help Your Colleagues, Employees—Even Family—Up Their Game](#). He also wrote [Leading with Emotional Courage: How to Have Hard Conversations, Create Accountability, and Inspire Action on Your Most Important Work](#). His book, [18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done](#), was a Wall Street Journal bestseller, winner of the Gold medal from the Axiom Business Book awards, named the best business book of the year by NPR, and selected by Publisher's Weekly and the New York Post as a top ten business book. He is also the author of [Four Seconds: All the Time You Need to Replace Counter-Productive Habits with Ones That Really Work](#), a New York Post "Top Pick for Your Career" in 2015, and [Point B: A Short Guide to Leading a Big Change](#).

Peter created and leads the #1 Leadership Development Program in the world, a four-day program that transforms the way people lead by increasing their confidence in themselves, their ability to connect with others, their commitment to what's most important, and their emotional courage.

Peter designed the proven, proprietary Big Arrow process to align people to work together to accomplish an organization's most important work, leveraging the Big Arrow Measurement tool to quantify the leadership and organizational gaps that block successful execution.

Peter is the host of the top 10 Business Podcast, Bregman Leadership Podcast, with over 1.5M downloads. He is also a regular contributor to the Harvard Business Review, and his articles and commentary appear frequently in BusinessWeek, Fast Company, Psychology Today, Forbes, PBS, ABC, CNN, NPR, and FOX Business News. Peter earned his B.A. from Princeton University and his M.B.A. from Columbia University.