

CHP Sergeant Kevin R. Briggs (Retired)

Sergeant Kevin Briggs is a former California Highway Patrol officer who convinced hundreds of people who were contemplating suicide by jumping off the Golden Gate Bridge into coming back over the rail and giving life another chance. These challenging, but rewarding efforts earned him the nickname "Guardian of the Golden Gate Bridge." After a 23 year career with the California Highway Patrol, Briggs retired to dedicate his life to promote mental health awareness around the country and across the world through Pivotal Points, an organization he founded to promote Suicide Prevention, Crisis Management, and Leadership Skills.

Today, Briggs speaks publicly about his suicide prevention experiences on the bridge, as well as his own life experiences while in the Army, as a police officer, and as a cancer survivor. Briggs spends his time speaking at mental health conferences, teaching law enforcement departments across the country including the FBI, and he consults and advises major companies and corporations.

He is a recipient of several honors for his work:

- 2013 recipient of the ASIS International Outstanding Officer Award,
- American Foundation for Suicide Prevention Public Service Award,
- California State Senate Resolution for Public Service,
- Jefferson Award for Public Service, and
- Heroes Award, given by the Northern California Association of Public Safety Communications Officials International.

Briggs' story and experiences have been featured in The New Yorker Magazine, Men's Health Magazine, NPR's Bob Edwards Radio Show and People Magazine.