



Karyn Buxman

Through her 20+ years of research and experience she's concluded that "Humor is Power" and it can help lead an audience toward a positive, healthy and happy life.

Karyn's audiences are diverse. In one month she spoke for the Mayo Clinic, Pfizer, the Association for peri-Operative Room Nurses, the Airforce, and the Million Dollar Round Table! Her clients hire Karyn to entertain, educate and inspire their audiences over and over again. Karyn has addressed thousands of audiences around the world, to groups from 10 to 10,000. Whether it's healthcare, corporate, education, government, or associations, Karyn's inspirational, entertaining, and practical message brings audiences to their feet.

If writing burned calories, Karyn would be a size 2. She is a contributing author of several Chicken Soup books, a co-author of *The Service Prescription: Healthcare the Way It Was Meant to Be*, and author of *Amazed & Amused: How to Survive and Thrive as a Healthcare Professional*. Karyn is also the creator, author, and publisher of the multiple book series: *What's So Funny About...?*

The media loves Karyn's wit and wisdom. Karyn has appeared in many magazines such as *Women's Day*, *Shape*, *Marie Claire*, *Investor's Business Daily*, and *US News & World Report* as well as professional journals such as *AJN*, *AORN*, *AACN*, and *Journal of Psychosocial Nursing*. She is a frequent radio and television guest.

Karyn's mission in life: To improve global health through laughter and heal the humor-impaired.