



## JOHN FOLEY

John Foley is a former lead solo pilot of the Blue Angels, Sloan Fellow at Stanford's Graduate School of Business, entrepreneur, venture capitalist, leadership expert, speaker and Gratitude Guru. As a thought leader on high performance, John created the "Glad To Be Here" Mindset Methodology and the Diamond Performance Framework.

As a Blue Angel, John consistently performed in an extreme, high-stakes environment, flying an F-18 at speeds of more than 500 miles per hour and in formations as close as 18 inches apart. To survive in those circumstances, he relied on a culture of high trust and leadership that turned inherently unforgiving flight into extraordinary experiences. His presentations inspire individuals, teams and organizations around the world to reach their highest potential while sustaining excellence under dynamic change.

For decades, John has shared his exciting, rare journey with audiences around the world, becoming one of the most in-demand leadership and performance experts. John has spoken on 5 continents, 20 countries and over 1000 events working with some of the world's top organizations such as; Google, Intel, Cisco, Microsoft, HP, Mercedes Benz, BMW, IBM, Hitachi, Chevron, BP, Marriott, Hilton, Penske Racing, Alabama Football, LA Kings, Merrill Lynch, Morgan Stanley, Edward Jones, Fidelity, Mass Mutual, MetLife, Bank of America, Deloitte, IBM, Hershey, P&G, Philips, Etihad, America Hospital Association, Blue Cross and the Mayo Clinic. He has also been a featured speaker at NBA, MLB, MLS, NCAA, TedX, VC and CEO summits, Titan Summit, USNA Leadership Conference, Stanford Business School, University of Zurich and Global Sports Summits.

John keynote presentations, workshops and online curriculum support Individuals, Teams, Organizations with lessons in:

- High Performance, Leadership, Teamwork
- Trust, Beliefs, Accountability, Culture
- Glad To Be Here Mindset, Gratitude

John graduated from the US Naval Academy with a BS in Mechanical Engineering and was a defensive back for the Midshipmen. He was chosen as "Top Ten Carrier Pilot" six times before becoming an F/A-18 Instructor Pilot.

He holds three master's degrees: MA in National Security & Strategic Studies from the Naval War College, Stanford Master of Science in Management, as a Sloan fellow from Stanford Graduate School of Business and MA in International Policy Studies from Stanford University. John was also a Fellow at Stanford Center on International Conflict and Negotiation and was awarded an honorary PhD from UNAM, Universidad Nacional Autónoma de México.

As the founder of the Glad To Be Here Foundation, he and his wife Carol have donated over 1.9 million dollars to over 347 charities worldwide and sponsor children in 47 countries.