



## Janet Evans

Janet Evans is widely considered as one of the greatest female distance swimmers of all time. Despite her small size and unorthodox windmill stroke, Janet Evans was a natural-born swimmer who was swimming laps at the age of two. In 1987, when she was 15 years old, Evans broke the world record in both the 400, 800m and the 1,500m freestyle. At the 1988 Seoul Olympics, Evans won her first gold medal in the 400m individual medley. Three days later, she won the 400m freestyle by more than two seconds and broke her own world record by 1.6 seconds. She added a third Olympic victory in the 800m freestyle. At the 1992 Barcelona Olympics, Evans easily defended her title in the 800m by leading from start to finish, winning by eight meters; she also won the silver in the 400m. Evans made one final appearance at the Olympics in 1996, but cites running the Olympic torch as the highlight of that Olympics over the actual competition.

Janet has made her presence felt out of the pool as well. Since the end of her swimming career, Janet has made a name for herself as a commercial spokesperson, author, a reality television personality, and a highly sought after speaker. She is a spokesperson for Canola Info and Johnson & Johnson baby. In 2007, Janet published her first book titled *Total Swimming*, which offers fitness programs, workouts, and proper swim techniques to readers. In 2008, she was selected to star on NBC's reality show *Celebrity Circus* where the competition reached new heights as Janet attempted death-defying stunts in a head-to-head competition in front of a live studio audience.

Janet's career as a motivational speaker started at the young age of 16 and has turned her into one of the most requested keynotes in the country. Janet executes motivational speeches for top companies in varying fields including: Technology, Healthcare, Real Estate, Telecommunications, Apparel, Banking, Insurance, Trade Associations, packaged goods, non profits and many others. With her easy style and grace on a podium, Janet has helped veteran salesman and senior executives alike!

### Testimonials:

\*No question the highlight of the evening. Very nice, bright, well spoken individual with a great message for both the young athletes and others in attendance.

\*She was delightful, interesting and entertaining.

\*Very energetic! I don't know a thing about swimming but it didn't matter.

\* It is very impressive that you can draw big name athletes to attend this event. It is always good to hear someone with Olympic or professional credentials talk about sports and how it all relates to life. Not too many of us have the opportunity to meet Olympians.

\*She was a dynamic speaker with a great message for everyone in attendance. A phenomenal choice!