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PANDIT DASA



Pandit Dasa is a keynote speaker on workplace culture, the future of work, resilience, mental health and mindfulness. He is an author and former monk who now speaks for Fortune 500s and many of the world's largest organizations such as Google, NASA, The London Stock Exchange, IBM, Chase, Royal Bank of Canada, Novartis, AT&T, Kellogg, and many others.

At his speaking engagements, Pandit captures the audience's attention by sharing his experience of living as a monk for 15 years in New York City before explaining why he's no longer a monk.

His speeches and workshops aim to create a more mindful workplace culture which improves retention, addresses the challenges of "quiet quitting," and increases employee productivity. He provides practical tips on how to maintain positive social connections with colleagues in a hybrid work environment.

He encourages leadership and co-workers to lead by example, prioritize self-care and appreciate the success and contributions of their colleagues. This attitude fosters trust, enhances collaboration, and greatly impacts employee performance.